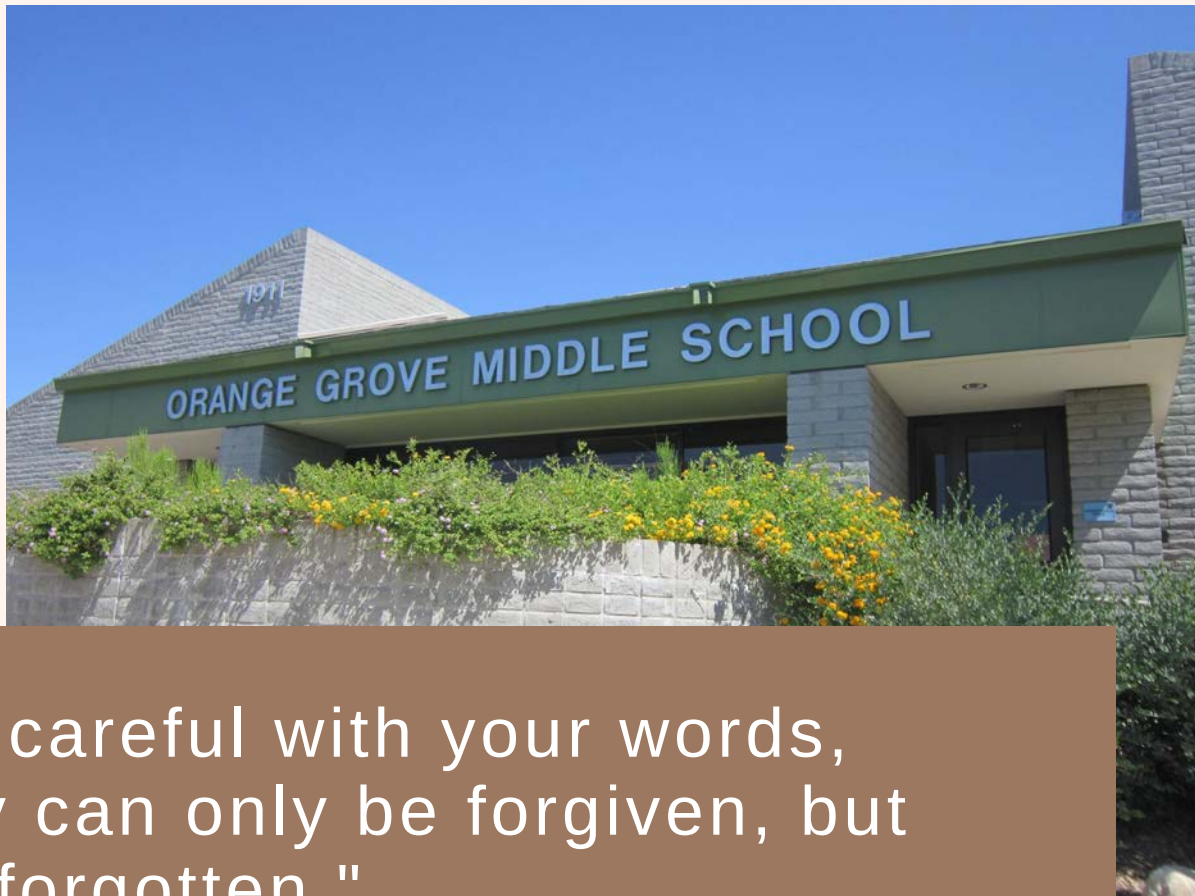


Quarter 4 - March 13 - May 19, 2023

# ORANGE GROVE

ENRICHMENT & ATHLETIC OFFERINGS



"Be careful with your words,  
they can only be forgiven, but  
not forgotten."

~Unknown

**COMMUNITY SCHOOLS  
ENROLL NOW!**



**ORANGE GROVE  
MIDDLE SCHOOL**

**ENROLL AT [CS.CFSD16.ORG](https://cs.cfhd16.org)**



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## SPECIAL DATES!

Quarter 4 -  
March 13 - May 19, 2023

NO Late - Start Wednesday:  
3/15

NO Classes or Athletics:  
3/16 & 3/17, & 3/27 - 3/31

# CONTENTS

# WELCOME TO COMMUNITY SCHOOLS

My name is Jennifer and I am the Office Coordinator for Community Schools with a focus on Middle School, High School, and Outdoor Programs. I wanted to introduce myself to those that don't know me, and pass along a little info that will hopefully help you to navigate my section of Community Schools.

If you ever have any questions regarding these programs, please feel free to call me and I will do my best and try to get you an answer. I reside in the district office at 2101 E. River Rd., so I am usually NOT on campus. If I can't answer your questions, I'll be able to direct you to the right person, so if you have trouble with your Community Schools accounting, the program itself, or just general questions, please call or email me at [Jnoyce@cfsd16.org](mailto:jnoyce@cfsd16.org) or 520-209-7562.

You'll find our registration program at [cs.cfsd16.org](https://cs.cfsd16.org). If you haven't already, you need to:

1. Create an account
2. Add your students
3. Create a registration for the program you want to sign up for (Enrichment, outdoors, etc.)
4. Enroll your kids

Your Site Lead is **Sarah Deane**, and is your "boots on the ground" on campus. She is an Orange Grove teacher, **so the best way to reach her is by email: [sdeane@cfsd16.org](mailto:sdeane@cfsd16.org)**

Our Community Schools quarterly offerings will always be shared on our informational website at <https://communityschools.cfsd16.org/index.php/school-programs/orange-grove> as soon as they're finalized and before registration opens up.

If you are interested in registering for athletics, you'll find the instructions attached for completing your athletic packet. This information will be stored for the entire school year, so you only have to complete it once each school year.

Quarterly info is also available on our website at: <https://communityschools.cfsd16.org/index.php> For athletics, click on the Middle School Sports icon in the center of the page and under your school's icon, you can view district policies and the **current game schedules**. Schedules are posted during the 1st or 2nd week of the quarter – depending on when I get them from the Athletic Directors.

Your Athletic Director is **Myranda Christensen**. She is also a teacher, so she is best reached by email at [mchristensen@cfsd16.org](mailto:mchristensen@cfsd16.org).

As always, watch for the quarterly registration dates and prepare to log in to your account promptly at 8:30am on those dates. Make sure your account is up to date and that you have a registration for this school year. Classes (especially athletics) fill up super fast!! You'll want to be sure to secure your spot early.

Have a great quarter!!  
Respectfully,



Jennifer Noyce  
520-209-7562  
[jnoyce@cfsd16.org](mailto:jnoyce@cfsd16.org)



**ORANGE GROVE  
MIDDLE SCHOOL**



## ▼ OUR PROGRAMS

- **Study Hall** - Each day after school Monday – Friday, 2:45 – 4:15pm and Wednesday mornings from 7:30 – 9:00am.
- **Enrichment Classes** – Each quarter after school (and before school on Late Start Wed.) Art, Computer Coding and Game Design, Chess, Drama, Crafting, Yearbook, Cooking and more!
- **Athletics** - We offer a wide variety of sports activities for our students, both Intramural (6th grade) and Interscholastic (7th & 8th grades). An athletic packet will need to be uploaded to the RegisterMyAthlete program as described on page 16.

## ▼ TIPS

Our classes and athletic programs fill up very quickly - sometimes within a few minutes! We encourage you to, if you haven't already, set up a Community Schools account ahead of time to make registration quick and easy. Go to [cs.cfsd16.org](https://communityschools.cfsd16.org)

**NOTE:** If you already have an account, you will simply log in, and update your account by clicking on the **NEW 2022/2023 Registration** button and make sure your info is current or updated.

- All students who signed up for Athletics are required to have a current sports physical and a completed athletic packet in order to participate. This must be turned in before they can attend a practice or participate in any games. Go to the REGISTER MY ATHLETE program, [www.registermyathlete.com](http://www.registermyathlete.com), and create an account. Here, you will download, sign and upload the forms to us for safe keeping. We will keep it on file for the entire school year, so you only have to do this once per school year.
- Class enrollment is **ONLY** available **ONLINE**. If a class or sport is full, you can be added to the wait list. You will be contacted if a spot becomes available to you.
- Study Hall is available for you to enroll in on a **PER DAY** basis. You will select which days you need on the calendar for as far out as you would like to schedule. Registration is open until noon each day. Sign up a day in advance to avoid late fees, as same day registrations and/or drop-ins will result in a fee of \$15 plus the cost of class. If your child shows up to study hall, and is not enrolled (on the roster), he/she will be considered a "drop in" which will incur a \$15 fee per occasion.

## ▼ QUARTERLY DATES 2022/2023

**1st Quarter** - August 8 - September 30

**Registration:** Enrichment: August 1 @ 8:30am  
Athletics: August 2 @ 8:30am

**2nd Quarter** - October 3 - December 9

**Registration:** Enrichment: September 19 @ 8:30am  
Athletics: September 20 @ 8:30am

**3rd Quarter** - January 3 - March 10

**Registration:** Enrichment: December 12 @ 8:30am  
Athletics: December 13 @ 8:30am

**4th Quarter** - March 13 - May 19

**Registration:** Enrichment: March 6 @ 8:30am  
Athletics: March 7 @ 8:30am

## ▼ HOW TO ENROLL

We email the brochures out to you prior to each quarter of the school year. Please make sure your information in our system AND the parentvue system is accurate so you are always sure to receive our email communications. If you don't receive a copy via email, we always post our brochure online at:

<https://communityschools.cfsd16.org>. Check the website a few days before registration begins!

# POLICIES

## WALKING HOME >

### CAN MY STUDENT WALK HOME?

**S**tudents who wish to walk home after our programs are free to do so providing the form at the end of this brochure is filled out and returned to the site lead to be kept on file for this school year.

## ATTENDANCE >

### WE TAKE ATTENDANCE

**A**ttendance is taken for all extended day activities, and absences must be emailed by the parents to the school site lead by 2:00pm the day of the class. If students are not in their classes by 3:30pm, an email will go home to parents.

**L**ate pick up fee of \$2 per minute will be charged for students who remain on campus after 4:30pm. Please pick your student up promptly.

**B**us transportation home after Community Schools activities is available for students who already have a bus pass. This does not include half days. Bus transportation will also be provided to and from most normal sporting events. Some exceptions apply. Please refer to the sport schedule for specifics.

Enroll at: [cs.cfsd16.org](http://cs.cfsd16.org)

## CELL PHONES >



### CELL PHONES & OTHER COMMUNICATION DEVICES

**C**ommunity Schools adheres to the same cell phone/communication device policy in effect during school hours. Students must follow and abide by the technology user and discipline code. For a detailed description of the exact policy, please refer to your student planner.

## WAITLIST >

### WHAT IF I GET ADDED TO A WAITLIST?

**W**hen a class fills, you will be prompted to "add to the waitlist." When this happens, you will be notified by email if a spot becomes available. Students will be pulled on a first come/first served basis.

## REFUNDS >

### HOW REFUNDS ARE PROCESSED

**R**efund policy below is followed for all Community Schools classes.

After attending one (1) day = 50% refund  
After attending two (2) or more days - \$0 refund.

There will be a \$10 change fee for any class changes after the start of the class.  
NO refunds will be given if WE remove your student from class for any reason.  
Class cancellations will receive a FULL refund or credit to your account.

## CANCELLATIONS >

### SOMETIMES CLASSES CANCEL

**C**lasses are subject to cancellation due to low enrollment. If this happens, you will be contacted by either phone or email prior to the start of the class and awarded a full refund, a credit to your account or the option to switch to another class.

# ENRICHMENT



# ATHLETICS



[cs.cfsd16.org](http://cs.cfsd16.org)

[communityschools.cfsd16.org](http://communityschools.cfsd16.org)

# AT A GLANCE

## A QUICK LOOK AT OUR PROGRAMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>• Science Olympiad*</li> <li>• Technology vs. Machines</li> <li>• Art Naturally</li> </ul>	<ul style="list-style-type: none"> <li>• Photography</li> <li>• Cheer</li> <li>• KidzArt</li> </ul>	<ul style="list-style-type: none"> <li>• Science Olympiad*</li> <li>• AM D &amp; D</li> <li>• Jewelry Making</li> <li>• Yearbook</li> <li>• Think Fast!</li> </ul>	<ul style="list-style-type: none"> <li>• Take 2 Musical*</li> <li>• Arizona Sports Specialists - Ninja Warrior Camp</li> <li>• Antsy Nancy</li> </ul>	<ul style="list-style-type: none"> <li>• Chess</li> <li>• D &amp; D</li> </ul>
<ul style="list-style-type: none"> <li>• Boys 7/8 Baseball</li> <li>• Girls 7/8 Volleyball</li> <li>• M/W 6th Gr. Co-Ed Tennis</li> <li>• 6/7/8 Track &amp; Field</li> </ul>	<ul style="list-style-type: none"> <li>• Boys 7/8 Baseball</li> <li>• Girls 7/8 Volleyball</li> <li>• T/Th 6th Gr. Co-Ed Tennis</li> <li>• 6/7/8 Track &amp; Field</li> </ul>	<ul style="list-style-type: none"> <li>• Boys 7/8 Baseball</li> <li>• Girls 7/8 Volleyball</li> <li>• M/W 6th Gr. Co-Ed Tennis</li> <li>• 6/7/8 Track &amp; Field</li> </ul>	<ul style="list-style-type: none"> <li>• Boys 7/8 Baseball</li> <li>• Girls 7/8 Volleyball</li> <li>• T/Th 6th Gr. Co-Ed Tennis</li> <li>• 6/7/8 Track &amp; Field</li> </ul>	
Study Hall	Study Hall	Study Hall AM & PM	Study Hall	Study Hall



STUDY HALL IS A QUITE PLACE WHERE STUDENTS CAN GO TO WORK ON HOMEWORK, READ A BOOK, OR WORK ON GROUP PROJECTS. LIBRARY ETTIQUITE IS EXPECTED.

# ENRICHMENT

**\$290**

**MONDAY**  
**Technology vs. Machines**  
**w/Works by Watson**

Nicole Watson, with her Auto & Diesel Technologies background, will bring a fun and knowledgeable perspective to the world of Technology and Machines. The history of these machines will be explored with how they contribute to our communities and ways of life every single day. Students in this class will learn about technologies, both basic and extreme, that assist machines and work for us in everyday life. They will also explore how technology has advanced machines, and how to take care of them to make them last. During this class hands on and visual aids will be used to accommodate all learning styles as students will create their own custom-built machine to take home.

**\$257**

**MONDAY**  
**The Wild West w/ Art Naturally**



Wild about art? We will work in our nature sketchbooks each week and then move on to our western-themed art projects, including desert landscapes, mountain lions, raptors, and more. We will use various materials, including; colored pencils, chalk pastels, watercolors, and print-making. Each student will be supported and encouraged at their level.

**\$129**

**TUESDAY**  
**Photography**

Students taking the course will learn beginner to advanced techniques in the world of photography. Skills in photography will include lighting techniques, composition, learning to shoot in manual mode, and much more! The instructor, Mr Jess, is a professional commercial photographer who has been photographing for nearly 35 years. Students can continue on in subsequent quarters to further gain more experience and learn more advanced techniques. Cameras for the students to use will be provided or bring your own to class!

**\$145**

**TUESDAY**  
**Cheerleading**  
**w/Sunset Cheer**



Sunset Cheer will teach students the fundamentals of performing cheer, dances, jumps, and basic motions. The experienced staff will also lead students through strengthening and agility exercises all while emphasizing teamwork and school spirit. This is a non-competitive squad that will bring kids together. There will be a performance on the last day of the session for parents to come watch!

**[ 07 ]**



# ENRICHMENT

**\$232**

**TUESDAY**  
KidzArt



Join us for a drawing-based art class that incorporates structured learning with personal instruction. Instructors will guide students through a different project each day that includes explanations of art terms and techniques related to the project and the medium of the day. We focus on the creative process that encourages students to explore and grow. Our curriculum never repeats and no art experience necessary.

**\$240**

**LATE START WED.  
(7:30AM - 9:00AM)  
& FRIDAY  
(2:45PM - 5:45PM)**  
Dungeons & Dragons

Do you like monsters, medieval action, magic and high fantasy? Do you like using your imagination to create fun and interactive stories? Are you a seasoned Dungeon Master of a fledgling Teifling warlock just getting his first spell book? Come join Mr. Gurr and play dungeons and dragons and make a story worth telling!

**\$86**

**WEDNESDAY**  
Yearbook

This course is designed to develop students' skills in yearbook production by providing experiences in selected aspects of yearbook production. Students learn basic principals of yearbook production and develop skills that include writing copy, captions and headlines; digital photography; desktop publishing and using appropriate technology tools for media production. Come be a part of creating this year's OGMS yearbook & work on ideas for next years!

**\$125**

**WEDNESDAY**  
Jewelry Making w/  
Ms. Eschedor

In this class, students will have the opportunity to explore their creativity and express their unique style through the art of jewelry making in a fun and educational way. By the end of the class, students will have a collection of beautiful, handmade jewelry pieces that they can wear and share with friends and family.

**\$155**

**WEDNESDAY**  
Think Fast! - Improv  
for the Stage

Improvisation is an unscripted form of theater where the participants come up with everything on the spot. Scenes go from funny to funnier, all spurred by the creativity of the performers. Join us as we go over the basic principles of improv, and learn how to think quickly and creatively for any situation! Students will participate in classic improv games played by professionals around the world.



# ENRICHMENT

**\$200**



**THURSDAY**

**AZ Sports  
Specialists -  
Ninja Warrior Camp**

Get ready for a challenge! This new class will give participants an opportunity to have fun testing their skills and abilities while going through various obstacles: tunnel crawl, cones weave, noodles crawl, mat rolls, parachute run, fitness ladders, hula hoop jump and hurdles. There will be a different course set-up each day: Who will be the Ninja Warrior of today? These fun activities will help your student develop coordination, flexibility and also benefit for each student's physical and mental development.

**\$286**



**THURSDAY**  
**Treat Making &  
Decorating**

Antsy Nancy has cooked up 8 weeks of delicious fun! Each lesson will focus on learning a new skill to improve confidence and creativity in the kitchen and each class will end with yummy treats, packaged to bring home. Classes include: Spring Break S'mores Kit, Popcorn Ball Ice Cream Cones, Cut Fruit Arrangement in Cellophane Wrapped Mug, Spring Flower Cupcake Decorating, Air Fryer Churros for Cinco de Mayo, Cookie Decorating with Royal Icing for Mother's Day, Chocolate Dipped Saguaro Cactus Pretzels in Chocolate Mousse Pots, and Graduation Cap Cake Decorating.

**NOTE: This class contains food items and may not be suitable for those with food allergies.**

**\$96**

**FRIDAY**  
**Chess**

Students build strategy and play chess, and various chess games. Opportunities for optional weekend tournaments. Ken Larsen has been coaching chess teams for over 30 years, leading CFSD students to local, state and national tournaments. Students may go to study hall after Chess until 4:15pm.

**NOTE: This class runs from 2:45 - 3:45pm. therefore includes 30 minutes of study hall.**


“

"Successful people ask better questions, and as a result, they get better answers."

~ Tony Robbins

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# ENRICHMENT



**Community Schools  
Mid-Year Reminders!**

**MAKE SURE YOUR STUDENT KNOWS  
WHAT THEIR AFTER SCHOOL PLAN IS!**

Students should not remain on campus unsupervised after 2:45pm. This includes staying to watch an athletic practice or attending a game. Students must be chaperoned by an adult/parent.


**STUDY HALL**

- Please enroll your student by midnight the day before you need them to attend before or after school study hall at [cs.cfsd16.org](http://cs.cfsd16.org).
- At \$8.63/day, it is quite a deal!

**STUDY HALL DROP IN'S**

- Any student dropped into Study Hall will incur at \$15 drop in fee per occurrence in addition to the \$8.63 for the day.
- This adds up to \$23.63 per drop in!
- Your account will have a balance due that will have to be paid before enrollment in any other Community Schools offerings.
- We will hold yearbooks in May if you have a balance due.

Questions about enrolling or your account? Call us at 209-7562 or email our office staff at [jnoyce@cfsd16.org](mailto:jnoyce@cfsd16.org)!



**YEARBOOKS  
ON SALE NOW \$35  
PRICE INCREASES  
TO \$45  
MARCH 1, 2023**

**2023 MIDDLE SCHOOL**

**YE  
AR  
BO  
OK**

**LOGIN OR  
CREATE AN  
ACCOUNT AT  
[CS.CFSd16.ORG](http://CS.CFSd16.ORG)  
TO PURCHASE!**

**CLICK ON:  
1. ELEM/MS/HS  
ENRICHMENT  
2. SESSIONS  
3. PURCHASE YOUR  
MIDDLE SCHOOL  
YEARBOOK!**

**You're Invited!**

**THE BIG BAD MUSICAL**  
A HOWLING COURTROOM COMEDY

The notorious Big Bad Wolf is being slapped with a class-action lawsuit by storybooks of quirky characters who want to get even: Little Red Riding Hood, her Grandmother, the Three Little Pigs, and the Shepherd in charge of the Boy Who Cried Wolf. With commentary by live Court TV, the two greatest legal minds in the Enchanted Forest — the Evil Stepmother and the Fairy Godmother — clash in a trial that will be remembered forever after. As our wronged fairy tale characters testify, the wolf seems deserving of all that's coming. Yet, even though the infamous Evil Stepmother resents doing pro-bono work on such an obviously futile defense, Mr. Wolf makes a good case for himself. Was he born a criminal, or made one? Only the audience, ahem, jury can decide!

Exact Date and time are still be ironed out, but plan for an evening during the week of 5/15 - 5/19.

Brought to you by **Drama Kids INTERNATIONAL OF TUCSON** in partnership with **Community Schools**

**TAKE 2! MUSICAL THEATER PERFORMANCE ACADEMY**



**IF YOU'RE PICKING UP FROM A CS ACTIVITY EARLY PLEASE CALL US:  
520-209-8215**

Sarah Deane (Enrichment) 520-209-8251

Myranda Christensen (Athletics) 520-209-8237

COMMUNITY SCHOOLS OFFICE 520-209-7562

**CATALINA FOOTHILLS Community Schools**

[cs@cfsd16.org](mailto:cs@cfsd16.org)



# 4TH QUARTER

# ADVENTURE PROGRAMS

## 6-8TH GRADE

### Adventures in Sabino Canyon - Wednesday, March 8, 2023

Ready for an adventure in the desert? On arrival we will make our own crazy concoction of trail mix to energize us for an afternoon exploration of this unique ecosystem of the Sonoran Desert. We will hike, explore and learn to use the Seek App to help us identify the plants and animals in Sabino Canyon. Complete details will be emailed out prior to our trip. Your student will leave from their school and return to Catalina Foothills High School for OGMS students. ECMS students will hike back across the street to meet parents at the middle school!

Difficulty level: 


Time: 11:00am-4:30pm

Fee: \$60

### Peppersauce Caving - Thursday, March 16, 2023

Caving is an outdoor adventure you don't want to miss! Spend your half day of school exploring the underground wonders of Peppersauce Cave. See cool cave formations, an underground lake, and shimmy your way through the rabbit hole! Learn why it is important to protect these natural wonders.

Please wear very old clothes (you will get extremely muddy), bring a flashlight, change of clothes, garbage bag, lunch and plenty of water! Helmets and headlamps will be provided. Field Trip will leave from your school and return to Catalina Foothills High School.

Difficulty level:  Caving is like hiking on all fours!

Time: 11:00am-5:30pm

Fee: \$70

### Lake Roosevelt Campout - Monday, March 27 - Wednesday, March 29, 2023

Spend 3 days camping at the oldest and in our opinion, the most beautiful, man made reservoir in Arizona! The surroundings are quite scenic, a mixture of rocky peaks, cactus-covered hillsides and ancient Salado Indian Ruins! We will spend time at the Theodore Roosevelt Dam, once the world's tallest masonry dam, to learn about the unique ecosystem it creates for fish like bass, bluegill and channel catfish and *of course*, do some fishing! Our trip would not be complete without a visit to the Tonto National Monument to learn about the Salado Indians and visit their ancient dwellings.

A detailed pack list will be sent out prior to departure. Tents, food, entrance fees and transportation provided. Join us for this special camping trip during your spring break!

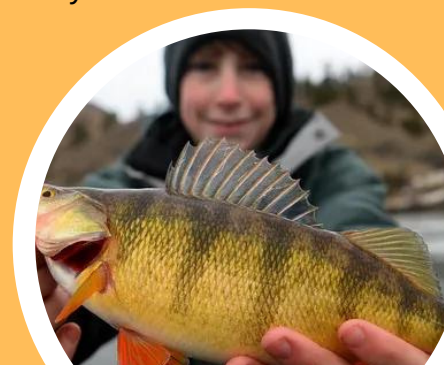
Trip departs from CFHS at 8:00am on Monday and returns by 4:00pm on Wednesday.

Difficulty Level: 

Fee: \$330

# ENROLL NOW!!

[cs.cfsd16.org](https://cs.cfsd16.org) to enroll



# CS SUMMMER


Enroll  
HERE!



OUR CAMP IS OUT OF THIS WORLD!  
JUNE 5 - JULY 21, 2023  
FOR K-9TH GRADE

*Middle School  
Summer!*


Brochure coming  
soon!!

**SUMMER  
CAMP**


WEEKLY OUTDOOR ADVENTURE TRIPS  
FOR 3-9TH GRADERS  
BEGINNING JUNE 5, 2023

ENROLLMENT  
STARTS  
MARCH 15



MT LEMMON | FLAGSTAFF | GEOCACHING TUCSON  
PAYSON | WHITE MOUNTAINS

COMPLETE  
TRIP DETAILS



@CS.OUTDOORS

ENROLLMENT STARTS MARCH 15, 2023

@CFSDCOMMUNITYSCHOOLS

SCAN  
FOR  
DETAILS



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# A Middle School ATHLETICS

By Quarter

BOYS	Q1	Q2	Q3	Q4
BOYS INTERSCHOLASTIC VOLLEYBALL	✓			
BOYS INTERSCHOLASTIC BASKETBALL		✓		
BOYS INTRAMURAL BASKETBALL		✓		
BOYS INTERSCHOLASTIC SOCCER			✓	
BOYS INTRAMURAL SOCCER			✓	
BOYS INTERSCHOLASTIC BASEBALL				✓

GIRLS	Q1	Q2	Q3	Q4
GIRLS INTRAMURAL VOLLEYBALL	✓			
GIRLS INTERSCHOLASTIC VOLLEYBALL				✓
GIRLS INTERSCHOLASTIC SOFTBALL	✓			
GIRLS INTRAMURAL SOCCER		✓		
GIRLS INTERSCHOLASTIC SOCCER		✓		
GIRLS INTRAMURAL BASKETBALL			✓	
GIRLS INTERSCHOLASTIC BASKETBALL			✓	

CO-ED	Q1	Q2	Q3	Q4
INTRAMURAL FLAG FOOTBALL	✓			
INTERSCHOLASTIC FLAG FOOTBALL	✓			
CROSS COUNTRY (6, 7, 8)	✓			
INTERSCHOLASTIC TENNIS	✓			
TRACK & FIELD (6, 7, 8)				✓
INTRAMURAL TENNIS				✓
INTERSCHOLASTIC WRESTLING (6, 7, 8)			✓	

INTRAMURAL = 6TH GRADE

INTERSCHOLASTIC = 7TH & 8TH GRADE



Phone registrations will NOT be accepted.  
If you need assistance, please call  
(520) 209 - 7562.

For your child's safety, he/she must be registered before they can attend a class. A \$15 late registration fee will be applied to registrations placed after the start of the quarter.

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# ATHLETICS

## BOYS BASEBALL

**INTERSCHOLASTIC (7TH & 8TH GR.)**

**- \$176 -**

**MONDAY -  
THURSDAY**

Come out and play ball! 7th and 8th grade boys will practice catching, throwing, and batting skills. Teamwork and participation will be emphasized. Competition will take place against other schools in the Northwest League.

## GIRLS VOLLEYBALL

**INTERSCHOLASTIC (7TH & 8TH GR.)**

**- \$176 -**

**MONDAY -  
THURSDAY**

Come with your Orange Grove Pride and join the Panther's Girls' Volleyball team. Emphasis will be on sportsmanship, team and individual skills, strategies, and participation. 7th and 8th grade girls will compete against other schools in the Northwest League.

## CO-ED TENNIS

**INTRAMURAL (6TH GR.)**

**- \$120 -**

**PICK ONE!  
MON & WED  
OR  
TUES & THURS**

Boys and girls in the 6th grade are invited to join the intramural Tennis team! Emphasis will be on team and individual skills, game strategies, participation and sportsmanship.

## CO-ED TRACK & FIELD

**INTERSCHOLASTIC (6TH, 7TH & 8TH GR.)**

**- \$176 -**

**MONDAY -  
THURSDAY**

Do you enjoy running, field events and sprinting? All 6th, 7th and 8th grade students are invited to join the Panther Track team. Students will learn and practice the different events in track and field, ranging from long distance running to high jump. Students will compete against other schools in the Northwest League.



**VOLLEYBALL**



**TENNIS**

**BASEBALL**



**[ 14 ]**



## 2022-2023 Athletic Packet Instructions

**NOTE: This is just for the Athletic Packet - You will still need to enroll at [cs.cfsd16.org](https://cs.cfsd16.org) to secure a spot on a team or a waitlist.**

Beginning in the 2022-2023 school year, athletic packet submissions, including physical examination documents will be turned in through "Register My Athlete."

Register My Athlete is an easy to navigate website that streamlines the process of submitting athletic paperwork. Parents create one account for all of their student athletes and can read, e-sign, print and upload all necessary paperwork. All athletes will be required to submit all forms through Register My Athlete before the first day of practice for their sport.

To access Register My Athlete and get started setting up an account, go to this link:  
[www.registermyathlete.com](https://www.registermyathlete.com).

If you have any difficulties setting up your account or trouble navigating the website, please contact Register My Athlete customer support at [support@registermyathlete.com](mailto:support@registermyathlete.com). They are very responsive during regular business hours and will get back to you as soon as possible.

NOTE: If you already use RMA at another school for another athlete, you can simply just log in and add a new athlete.

### INSTRUCTIONS TO SET UP YOUR ACCOUNT IN REGISTER MY ATHLETE

To begin:

- Go to [www.registermyathlete.com](https://www.registermyathlete.com)
- Click LOGIN
- Click CREATE AN ACCOUNT (You only need one account, even if you have students at different schools in the district. DO NOT create an account if you have used RMA in the past.)
- Fill in personal account information (this should be the parents personal information.)
- You will be using the site as a parent.
- Click SUBMIT

After you have an account:

- Login
- Click PARENT (the first time you log in you will be asked to agree to terms and conditions)
- Click START/COMPLETE A REGISTRATION (Upper left hand corner of the page. )
- Click START A NEW REGISTRATION - This is where you will enter all of your athlete's information.
- Click on the red bars to complete all requirements.
- Click NEED HELP? on the left side of the screen for help.

[ 15 ]





ORANGE GROVE  
MIDDLE SCHOOL



ESPERERO CANYON  
MIDDLE SCHOOL

CATALINA FOOTHILLS Community Schools



Grades  
6 - 8

Presents:

# FOOTBALL SPEED & AGILITY CAMP

FINAL SESSION

5:00pm - 7:00pm

April 24

April 25

April 26

**\$65**

Do you want your athlete to work toward improving & increasing their body mechanics, muscle response time, conditioning, & overall speed and agility? Come out and join Coach Daniel Sainz & his Falcon staff in this Community Schools Camp! Athletes will be tested and timed on various drills & exercises throughout this camp, while improving their overall athletic conditioning through goal setting, determination, & hard work!



enroll at [cs.cfsd16.org](http://cs.cfsd16.org)



[cs@cfsd16.org](mailto:cs@cfsd16.org)



Location: CFHS Multipurpose field  
(Field between the track and the baseball diamond)



**PERMISSION TO WALK HOME  
AFTER COMMUNITY SCHOOLS  
EXTENDED DAY PROGRAMS**

**Dear Middle School Parents,**

**If your child needs to walk home please review your expectations with them and applicable safety precautions, as well as, note current weather conditions.**

**Community Schools must have written permission if your student is allowed to walk home after our programs, which end at 4:15pm.\* We will not allow your child to walk home alone if we do not have a signed copy of this form.**

**\*Students will need to re-submit this form quarterly to your after school Site Lead. You can also resubmit a form to Community Schools at any time if your after school pick up needs change. We appreciate your understanding and support in this matter, as your child's safety is our top priority.**

**Please contact us with any questions or concerns.**

**Respectfully,  
~ Community Schools Staff**

**By signing this form, I understand that once my child leaves the school campus, he/she is no longer the responsibility of Community Schools or the Catalina Foothills School District, and I release them of any liability.**

**Child's Name: \_\_\_\_\_ Quarter/School Year: \_\_\_\_\_**

**I, \_\_\_\_\_, give permission for my child to walk home at 4:15pm after their Community Schools Extended Day activity.**

**Parent Name (Print): \_\_\_\_\_ Phone Number: \_\_\_\_\_**

**Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_**

**Please submit to your School Office - Attn: Community Schools Site Lead**